

HOW TO

Hand Wash







- Roll up long sleeves and push up any wrist accessories
- Wet hands with warm water
- Apply enough soap to cover surfaces of the hands



- Vigorously rub soap over palms, backs of hands and wrists
- Include space between fingers, fingertips and thumbs
- Washing should take 30 seconds







- Rinse under warm, running water
- Pat hands dry with disposable towel
- Turn tap off with the disposable towel
- Use disposable towel to open the door