

CATHOLIC SOCIAL SERVICES

SAFE VISITING PRACTICES FOR EDMONTON & NORTH CENTRAL PDD HOMES

(Updates according to CMOH Order 29-2020 – July 16/20)

1.0 Indoor Visits

- 1.1 For indoor visits, two individuals can be named as **designated family/support person(s)**.
- 1.2 The guardian or the person served is to identify the (2) designated family/support persons and let the Supervisor of the home know in writing
- 1.3 These designated family/support persons cannot be under 18 years of age and may be a family member, friend, companion (privately paid or volunteer), support worker (privately paid or volunteer), power of attorney/trustee, agent, legal guardian, or any other person identified by the resident or alternate decision maker.
- 1.4 A standing schedule is recommended for the visits and should be coordinated with the Supervisor of the home so that staff can accommodate the number of people on site at any given time.
- 1.5 Visitors must continuously mask indoors. It is recommended that you provide your own mask, as we have not been provided masks for visitors. Visitor masks do not have to be medical grade.
- 1.6 Please see further details below for “Safe Indoor Visits, section 3.0”

2.0 Outdoor Visits

- 2.1 Outdoor visits are now permitted with up to five people (including the person served) if physical distancing can be maintained in designated spaces. Masks are not required if physical distancing can be maintained outdoors
- 2.2 Outdoor visitors, other than designated support persons will be asked to remain outdoors at all times (entry to the site will not be allowed)

3.0 Safe Visiting Practices

- 3.1 Upon arrival to the site all visitors must complete and comply with the following:
 - a) Complete the “Designated Family/Support Person and Visitor Screening” form. Should the visitor answer “Yes” to any of the questions the visit cannot proceed. **Appendix A**
 - b) All visitors must follow strict hand hygiene practices before and after the visit.
 - c) If possible, visitors should supply their own mask and they must wear a mask at all times during the visit if the visit is indoors.
 - d) If physical distancing can be maintained for outdoor visits, masks are not required.
 - e) If using safe physical touch, you must:
 - Perform hand hygiene (hand washing and/or use of alcohol based hand sanitizer before and after physical contact with the person served
 - Continuously wear a mask that covers the nose and mouth while within 2 meters of the person served
 - If you become symptomatic during the visit, stop close physical contact with the person served
 - Support the person served to also wear a mask if they choose to
 - f) Designated family/support persons or visitors are permitted to bring gifts (food, plants, etc.) and depending on the assessed risk, staff may want to disinfect or isolate the item for a period of time
 - g) Any visits with animals/pets must be preapproved and prearranged with the site Supervisor.

CATHOLIC SOCIAL SERVICES

SAFE VISITING PRACTICES FOR EDMONTON & NORTH CENTRAL PDD HOMES

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4.0 Risk Assessment

It is important for all persons to understand their risk of unknown exposure to COVID-19, based on their behavior in the last 14 days, prior to entering the home and modify their behavior accordingly. Based on this table, designated family/support persons must also assess their level of risk as it relates to physical touch and then proceed as outlined below:

- 4.1 Visitors at low risk of unknown exposure may engage in safe physical touch.
- 4.2 Visitors at medium risk of unknown exposure may engage in safe physical touch, where person served risk tolerance is high.
- 4.3 Visitor at high risk of unknown exposure are not recommended to physically touch the resident unless providing direct personal care wearing all appropriate PPE.

Risk Assessment Table

Low Risk	Medium Risk	High Risk
<p>To be considered at low risk of unknown exposure, all the following conditions must be met:</p> <ul style="list-style-type: none"> Does not work or live in an area of high COVID-19 exposure (refer to Risk designation of region). Works from home. Part of a small cohort (15 or less) who consistently practices physical distancing and masks when cannot maintain distance. Not have had guests at home in the past 14 days who are outside of your cohort. Visits 1 resident(s) in one site in a day. Makes essential outings only. Uses own vehicle. Consistently maintains 2 metres of distance from those outside household in all activities. Mask worn when cannot maintain physical distancing. Consistent hand hygiene. No interprovincial travel within the last 14 days. 	<p><i>There will be many variations that arise between the extremes of high and low risk of unknown exposure</i></p> <p><i>Individuals must use their best judgement to determine risk of unknown exposure where neither low nor high is appropriate.</i></p>	<p>To be considered at high risk of unknown exposure, any one or more of the following may be met:</p> <ul style="list-style-type: none"> Works or lives in an area of high COVID-19 exposure (refer to Risk designation of region). Works outside home in settings where distancing is not consistently maintained and masking is not consistently used. Worked at or visited a location with a declared COVID-19 outbreak in last 14 days. Part of a large cohort (more than 15). Cohort inconsistently practices physical distancing and use of masks when cannot maintain distance. Have had guests in home in last 14 days. Visits clients(s) in multiple sites in one day. Outings where contact with others outside household is likely. Use of public transit or carpooling where distancing is not consistently maintained and masking is not consistently used Does not maintain physical distancing and does not wear a mask. Infrequent or inconsistent hand hygiene. Interprovincial travel within the past 14 days.

5.0 Risk Tolerance Table

CATHOLIC SOCIAL SERVICES

SAFE VISITING PRACTICES FOR EDMONTON & NORTH CENTRAL PDD HOMES

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Risk Factors	Description and Site Assessment
Number of People on site and Layout of Site	<p>To ensure safety of our clients we must ensure the site in terms of layout and number of people on site at any one time. For example:</p> <ul style="list-style-type: none"> Spacious hallways, common areas and rooms may indicate a higher risk tolerance Prevalence of semi-private rooms may indicate a lower risk tolerance The number of floors may mean increased use of access points (e.g. elevators) which may indicate a lower risk tolerance
	<p>Site Notes:</p> <p>All visits are recommended to take place in the individual's bedrooms or outdoors to minimize risk and due to space limitations within each home.</p>
Collective Health Status of Residents, where known	<p>This may be actual or perceived health status.</p> <p>If the majority of residents have complex health conditions, this indicates lower risk tolerance</p>
	<p>Site Notes:</p> <p>Due to the diversity in health status of the people we serve and our staff, all visits are recommended to take place in the individual's bedrooms or outdoors to minimize risk and due to space limitations within each home.</p>
Number of residents actively leaving site for outings	<p>Consider essential and non-essential outings.</p> <p>The number of residents actively leaving the site for outings indicates a lower risk tolerance (as there is already increased potential of exposure)</p>
	<p>Site Notes:</p> <p>Only essential outings are recommended at this time; however, decisions about non-essential outings will be made in consultation with the guardian and the Supervisor in the home.</p>
Any disclosed resident directed assessment of risk tolerance	<p>Though it is recognized not everyone will assess themselves the same way, residents will have a sense of their health and the risks they would be willing to take for more visitors on site. Though this is a subjective measure, the risk tolerance of the site should be directed by the risk tolerance of the clients.</p>
	<p>Site Notes:</p>
Any disclosed staff directed assessment of risk tolerance	<p>Though this is a subjective measure, the risk tolerance of the site should be informed by the risk tolerance of the staff, where disclosed.</p>
	<p>Site Notes:</p> <p>Catholic Social Services will follow what is outlined in the Health Order for Visitors and provide staff with appropriate PPE and sanitizing solutions to ensure that the area the visit occurs is also safe for staff after the visit.</p>
Mechanism for ongoing assessment of risk designation of region	<p>Up to date understanding of the incidence of COVID-19 in the community is important</p> <p><i>Note: Where a facility is located with respect to risk designation of region does not itself constitute the need to adjust risk tolerance of site.</i></p> <ul style="list-style-type: none"> Open: Low level of risk, no additional restrictions in place Watch: The province is monitoring the risk and discussing with local government(s) and other

CATHOLIC SOCIAL SERVICES

SAFE VISITING PRACTICES FOR EDMONTON & NORTH CENTRAL PDD HOMES

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	community leaders the possible need for additional health measures <ul style="list-style-type: none">Enhanced: Risk levels require enhanced public health measures to control the spread
	Site Notes: If a community is identified by AHS as being on the COVID watch list or if there is an outbreak within the home, then guardians and persons served will be notified if there needs to be a temporary change to limit or stop designated visitors.
Other:	
Other:	

CATHOLIC SOCIAL SERVICES

SAFE VISITING PRACTICES FOR EDMONTON & NORTH CENTRAL PDD HOMES

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DESIGNATED FAMILY / SUPPORT PERSON AND VISITOR SCREENING			
DATE		NAME:	
1.	Do you have any of the below symptoms:		
	• Fever (38.0°C or higher)	YES	NO
	• Any new or worsening symptoms:		
	o Cough	YES	NO
	o Shortness of Breath/Difficulty breathing	YES	NO
	o Sore throat	YES	NO
	o Chills	YES	NO
	o Painful Swallowing	YES	NO
	o Runny nose / Nasal Congestion	YES	NO
	o Headache	YES	NO
	o Muscle/Joint Ache	YES	NO
	o Feeling Unwell /Fatigue/Severe Exhaustion	YES	NO
	o Nausea/Vomiting/Diarrhea/	YES	NO
	o Unexplained Loss of Appetite	YES	NO
	o Loss of Sense of Smell or Taste	YES	NO
	o Conjunctivitis (commonly known as pink eye)	YES	NO
2.	Have you travelled outside of Canada in the last 14 days?	YES	NO
3.	Have you had close unprotected * contact (face-to-face contact within 2 metres/6 feet) with someone who has travelled outside of Canada in the last 14 days and who is ill**?	YES	NO
4	Have you had close unprotected * contact (face-to-face contact within 2 metres/6 feet) in the last 14 days with someone who is ill**?	YES	NO
5.	Have you had close unprotected * contact (face-to-face contact within 2 metres/6 feet) in the last 14 days with someone who is being investigated or confirmed to be a case of COVID-19?	YES	NO
6.	Have you assessed your risk of unknown exposure based on your last two weeks of activity (refer to Risk Assessment Table).	YES	NO
7.	Do you understand Safe Visiting Practices and related site policies.	YES	NO
<p>If any visitor/vendor answers YES to any of the screening questions, they will not be permitted to enter the site. Individuals must be directed to self-isolate and complete the AHS online assessment tool to arrange for testing</p> <p>If any individual answers NO to screening questions 6-7, they will work with the CSS Staff to understand their responsibilities before being permitted to enter the site.</p>			