

HOW TO Hand Wash







- Roll up long sleeves and push up any wrist accessories
- Wet hands with warm water
- Apply enough soap to cover surfaces of the hands



- Vigorously rub soap over palms, backs of hands and wrists
- Include space between fingers, fingertips and thumbs
- Washing should take 30 seconds







- Rinse under warm, running water
- Pat hands dry with disposable towel
- Turn tap off with the disposable towel
- Use disposable towel to open the door

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PLEASE CLEAN THIS TABLE AFTER USE.



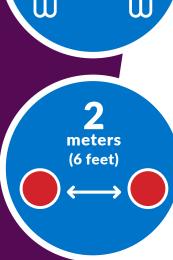
Shared Spaces: KITCHEN ETIQUETTE

Maintain 2 meters distance from others

Pay attention to floor markers when sharing space with others

Wash your hands after using this area

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meters (6 feet)

CATHOLIC SOCIAL SERVICES

