CMOH 32-2020 - Table 9: Risk of Unknown Exposure

Low Risk	Medium Risk	High Risk
To be considered at low risk of unknown exposure, all the following conditions must be met:  Lives in an area of low COVID- 19 exposure (refer to Risk designation of region)  Transferred from a hospital or setting with no outbreak or cases under investigation  Part of a small cohort (15 or less) who consistently practice physical distancing and use masks when cannot maintain distance  Not had guests at home in the past 14 days  Takes essential outings only  Uses own vehicle (not public transit)  Consistently maintains 2 metres of distance from those outside household in all activities  Mask worn when cannot maintain physical distancing  Consistent hand hygiene  No interprovincial travel within the last 14 days	There will be many variations that arise between the extremes of high and low risk of unknown exposure  Individuals must use their best judgement to determine risk of unknown exposure where neither low nor high is appropriate.	To be considered at high risk of unknown exposure, any one or more of the following may be met:  Lives in an area of high COVID-19 exposure (refer to Risk designation of region)  Transferred from a hospital or other setting with an outbreak or cases under investigation anywhere in the setting  Visited a location with a declared COVID-19 outbreak in last 14 days  Part of a large cohort (more than 15)  Cohort inconsistently practices physical distancing and use of masks when cannot maintain distance  Had guests in home in last 14 days  Outings where contact with others outside household is likely  Use of public transit or carpooling where distancing is not consistently maintained and masking is not consistently used  Does not maintain physical distancing and does not wear a mask  Infrequent or inconsistent hand hygiene  Interprovincial travel within the past 14 days