

## CATHOLIC SOCIAL SERVICES

### SAFE VISITING PRACTICES FOR EDMONTON & NORTH CENTRAL PDD HOMES

*(Updates according to CMOH Order 32-2020 – September 2020)*

#### 1.0 Indoor Visits

- 1.1 For indoor visits, two individuals can be named as **designated family/support person(s)**.
- 1.2 The guardian or the person served is to identify the (2) designated family/support persons and let the Supervisor of the home know in writing.
- 1.3 These designated family/support persons cannot be under 18 years of age and may be a family member, friend, companion (privately paid or volunteer), support worker (privately paid or volunteer), power of attorney/trustee, agent, legal guardian, or any other person identified by the resident or alternate decision maker.
- 1.4 A standing schedule is recommended for the visits and should be coordinated with the Supervisor of the home so that staff can accommodate the number of people on site at any given time.
- 1.5 Visitors must continuously mask indoors. It is recommended that you provide your own mask, as we have not been provided masks for visitors. Visitor masks do not have to be medical grade.
- 1.6 Please see further details below for “Safe Indoor Visits, section 3.0”.

#### 2.0 Outdoor Visits

- 2.1 Outdoor visits are now permitted with up to five people (including the person served) if physical distancing can be maintained in designated spaces. Masks are not required if physical distancing can be maintained outdoors
- 2.2 Outdoor visitors, other than designated support persons will be asked to remain outdoors at all times (entry to the site will not be allowed)

#### 3.0 Safe Visiting Practices

- 3.1 Upon arrival to the site all visitors must complete and comply with the following:
    - a) Complete the “Screening Tool – Designated Family/Support Person & Visitor” form. Should the visitor answer “Yes” to any of the questions the visit cannot proceed.
- Appendix A**
- b) All visitors must follow strict hand hygiene practices before and after the visit.
  - c) If possible, visitors should supply their own mask and they must wear a mask at all times during the visit if the visit is indoors.
  - d) If physical distancing can be maintained for outdoor visits, masks are not required.
  - e) If using safe physical touch, you must:
    - Perform hand hygiene (hand washing and/or use of alcohol based hand sanitizer before and after physical contact with the person served.
    - Continuously wear a mask that covers the nose and mouth while within 2 meters of the person served.
    - If you become symptomatic during the visit, stop close physical contact with the person served.
    - Support the person served to also wear a mask if they choose to.
  - f) Designated family/support persons or visitors are permitted to bring gifts (food, plants, etc.) and depending on the assessed risk, staff may want to disinfect or isolate the item for a period of time.
  - g) Any visits with animals/pets must be preapproved and prearranged with the site Supervisor.

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#### **4.0 Risk Assessment**

It is important for all persons to understand their risk of unknown exposure to COVID-19, based on their behavior in the last 14 days, prior to entering the home and modify their behavior accordingly. Based on this table, designated family/support persons must also assess their level of risk as it relates to physical touch and then proceed as outlined below:

- 4.1 Visitors at low risk of unknown exposure may engage in safe physical touch.
- 4.2 Visitors at medium risk of unknown exposure may engage in safe physical touch, where person served risk tolerance is high.
- 4.3 Visitor at high risk of unknown exposure are not recommended to physically touch the resident unless providing direct personal care wearing all appropriate PPE.
- 4.4 Any disputes will be addressed through the Dispute Resolution process.

**Reference Appendix B - CMOH Orders 29-2020 & 32-2020**

**Table 9 – Risk of Unknown Exposure**

**Table 10 – Resident Returning from Same Day Off-Site Activity – Safety Precautions**

**Table 11 – Resident Returning From Off-Site Overnight Stay – Safety Precautions**

**Table 15 – Risk Tolerance Assessment**

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### COVID-19 SCREENING TOOL – DESIGNATED FAMILY/SUPPORT PERSON & VISITOR

As per CMOH October 13/20

If an individual answers **YES** to any of the questions, they **must not** be allowed to enter.

\*Individuals with fever, cough, shortness of breath, runny nose, or sore throat, are required to isolate for 10 days as per CMOH Order 05-2020 unless they receive a negative COVID-19 test and are feeling better.

Use the AHS Online Assessment Tool to determine if testing is recommended, information on isolation requirements can be found on the AHS COVID-19 website.

As the COVID-19 pandemic continues to evolve, this screening tool will be updated as required.

		DATE:		TIME:	
<b>DESIGNATED FAMILY/SUPPORT PERSON AND VISITOR NAME:</b>					
1.	Do you have any new onset (or worsening) of any of the following symptoms:	<b>CIRCLE ONE</b>			
	<input type="radio"/> Fever* ( <b>38.0°C</b> or higher) <b>Record Temperature Here:</b> _____	<b>YES</b>	<b>NO</b>		
	<input type="radio"/> Cough*	<b>YES</b>	<b>NO</b>		
	<input type="radio"/> Shortness of Breath/Difficulty Breathing*	<b>YES</b>	<b>NO</b>		
	<input type="radio"/> Runny Nose*	<b>YES</b>	<b>NO</b>		
	<input type="radio"/> Sore throat*	<b>YES</b>	<b>NO</b>		
	<input type="radio"/> Chills	<b>YES</b>	<b>NO</b>		
	<input type="radio"/> Painful swallowing	<b>YES</b>	<b>NO</b>		
	<input type="radio"/> Nasal Congestion	<b>YES</b>	<b>NO</b>		
	<input type="radio"/> Feeling Unwell / Fatigued	<b>YES</b>	<b>NO</b>		
	<input type="radio"/> Nausea / Vomiting / Diarrhea	<b>YES</b>	<b>NO</b>		
	<input type="radio"/> Unexplained loss of appetite	<b>YES</b>	<b>NO</b>		
	<input type="radio"/> Loss of sense of taste or smell	<b>YES</b>	<b>NO</b>		
	<input type="radio"/> Muscle / Joint aches	<b>YES</b>	<b>NO</b>		
	<input type="radio"/> Headache	<b>YES</b>	<b>NO</b>		
	<input type="radio"/> Conjunctivitis (commonly known as pink eye)	<b>YES</b>	<b>NO</b>		
2.	Have you travelled outside of Canada in the last 14 days?	<b>YES</b>	<b>NO</b>		
3.	Have you had close contact* with a confirmed case of COVID-19 in the last 14 days?	<b>YES</b>	<b>NO</b>		
4.	Have you had close contact with an individual who has any one of the first 5 symptoms on this list (*) fever, cough, shortness of breath, runny nose or sore throat <b>AND</b> who is a close contact of a confirmed case of COVID-19 in the last 14 days?	<b>YES</b>	<b>NO</b>		
<ul style="list-style-type: none"> <li>Ensure you understand Safe Visiting Practices and related site policies (refer to CMOH Order 29-2020 Appendix A).</li> <li>Assess your personal risk of unknown exposure based on your last two weeks of activity (refer to Risk of Unknown Exposure).</li> <li>Operators are <b>not required</b> to store the completed COVID-19 screening documents from any person who enters. Operators are <b>required</b> to record and store name, contact information and date/time of entry/exit for a minimum of 4 weeks but not longer than 8 weeks.</li> <li><b>Face-to-face contact within 2 meters.</b> A health care worker in an occupational setting wearing recommended personal protective equipment is not considered to be a close contact.</li> </ul>					

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CMOH 32-2020 - Table 9: Risk of Unknown Exposure

Appendix B

Low Risk	Medium Risk	High Risk
<p>To be considered at low risk of unknown exposure, all the following conditions must be met:</p> <ul style="list-style-type: none"> <li>• Lives in an area of low COVID- 19 exposure (refer to <a href="#">Risk designation of region</a>)</li> <li>• Transferred from a hospital or setting with no outbreak or cases under investigation</li> <li>• Part of a small <a href="#">cohort</a> (15 or less) who consistently practice physical distancing and use masks when cannot maintain distance</li> <li>• Not had guests at home in the past 14 days</li> <li>• Takes essential outings only</li> <li>• Uses own vehicle (not public transit)</li> <li>• Consistently maintains 2 metres of distance from those outside household in all activities</li> <li>• Mask worn when cannot maintain physical distancing</li> <li>• Consistent hand hygiene</li> <li>• No interprovincial travel within the last 14 days</li> </ul>	<p><i>There will be many variations that arise between the extremes of high and low risk of unknown exposure</i></p> <p><i>Individuals must use their best judgement to determine risk of unknown exposure where neither low nor high is appropriate.</i></p>	<p>To be considered at high risk of unknown exposure, any one or more of the following may be met:</p> <ul style="list-style-type: none"> <li>• Lives in an area of high COVID-19 exposure (refer to <a href="#">Risk designation of region</a>)</li> <li>• Transferred from a hospital or other setting with an outbreak or cases under investigation anywhere in the setting</li> <li>• Visited a location with a declared COVID-19 outbreak in last 14 days</li> <li>• Part of a large <a href="#">cohort</a> (more than 15)</li> <li>• Cohort inconsistently practices physical distancing and use of masks when cannot maintain distance</li> <li>• Had guests in home in last 14 days</li> <li>• Outings where contact with others outside household is likely</li> <li>• Use of public transit or carpooling where distancing is not consistently maintained and masking is not consistently used</li> <li>• Does not maintain physical distancing and does not wear a mask</li> <li>• Infrequent or inconsistent hand hygiene</li> <li>• Interprovincial travel within the past 14 days</li> </ul>

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### Appendix G

CMOH 32-2020 - Table 10: Resident Returning from Same Day Off-Site Activity – Safety Precautions

Risk of Exposure	Activity Off-Site	Safety Precautions
<b>Low</b>	<ul style="list-style-type: none"> <li>• Infrequent or selective outings</li> <li>• Consistently maintain two (2) metres of distance from others</li> <li>• Mask worn during outings</li> <li>• Consistent hand hygiene</li> <li>• Private vehicle used</li> <li>• All Resident Outing requirements followed</li> </ul>	Twice daily self-check of symptoms for 14 days after returning.
<b>Medium</b>	<p><i>There will be many variations that arise between the extremes of high and low risk of exposure</i></p> <p><i>Residents and Operators are encouraged to use their best judgement to determine risk of exposure</i></p>	Continuous use of a mask for 14 days while out of resident room.
<b>High</b>	<ul style="list-style-type: none"> <li>• Does not maintain physical distancing and does not wear a mask</li> <li>• Attends large gatherings with known or unknown people</li> <li>• Infrequent or inconsistent hand hygiene</li> <li>• Use of public transit or carpooling where distancing is not consistently maintained and masking is not consistently used</li> <li>• Did not follow Resident Outing Requirements</li> </ul>	14 day quarantine after returning.

CMOH 32-2020 - Table 11: Resident Returning From Off-Site Overnight Stay – Safety Precautions

Risk of Exposure	Activity Off-Site	Safety Precautions
<b>Low</b>	<ul style="list-style-type: none"> <li>• Household with persons who have low risk of unknown exposure (refer to Table 9)</li> <li>• Followed Resident Outing requirements</li> </ul>	Twice daily self-check of symptoms for 14 days after returning.
<b>Medium</b>	<ul style="list-style-type: none"> <li>• Household with persons who have medium risk of unknown exposure (refer to Table 9), and</li> <li>• Followed Resident Outing Requirements.</li> </ul>	Continuous use of a mask for 14 days while out of resident room.
<b>High</b>	<ul style="list-style-type: none"> <li>• Household with persons who have high risk of unknown exposure (refer to Table 9), or</li> <li>• Stay included participation in public spaces or private events with 15 or more people, known or not known to resident; or</li> <li>• Did not follow Resident Outing Requirements.</li> </ul>	14 day quarantine after returning.

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CMOH 29-2020 Table 15 – Risk Tolerance Assessment Table

Risk Factors	Description and Site Assessment
<b>Number of People on site and Layout of Site</b>	<p>To ensure safety of our clients we must ensure the site in terms of layout and number of people on site at any one time. For example:</p> <ul style="list-style-type: none"> <li>• Spacious hallways, common areas and rooms may indicate a higher risk tolerance</li> <li>• Prevalence of semi-private rooms may indicate a lower risk tolerance</li> <li>• The number of floors may mean increased use of access points (e.g. elevators) which may indicate a lower risk tolerance</li> </ul> <p><b>Site Notes:</b> All visits are recommended to take place in the individual's bedrooms or outdoors to minimize risk and due to space limitations within each home.</p>
<b>Collective Health Status of Residents, where known</b>	<p>This may be actual or perceived health status. If the majority of residents have complex health conditions, this indicates lower risk tolerance</p> <p><b>Site Notes:</b> Due to the diversity in health status of the people we serve and our staff, all visits are recommended to take place in the individual's bedrooms or outdoors to minimize risk and due to space limitations within each home.</p>
<b>Number of residents actively leaving site for outings</b>	<p>Consider essential and non-essential outings.</p> <p>The number of residents actively leaving the site for outings indicates a lower risk tolerance (as there is already increased potential of exposure)</p> <p><b>Site Notes:</b> Only essential outings are recommended at this time; however, decisions about non-essential outings will be made in consultation with the guardian and the Supervisor in the home.</p>
<b>Any disclosed resident directed assessment of risk tolerance</b>	<p>Though it is recognized not everyone will assess themselves the same way, residents will have a sense of their health and the risks they would be willing to take for more visitors on site. Though this is a subjective measure, the risk tolerance of the site should be directed by the risk tolerance of the clients where disclosed.</p> <p><b>Site Notes:</b></p>
<b>Any disclosed staff directed assessment of risk tolerance</b>	<p>Though this is a subjective measure, the risk tolerance of the site should be informed by the risk tolerance of the staff, where disclosed.</p> <p><b>Site Notes:</b> Catholic Social Services will follow what is outlined in the Health Order for Visitors and provide staff with appropriate PPE and sanitizing solutions to ensure that the area the visit occurs is also safe for staff after the visit.</p>
<b>Mechanism for ongoing assessment of risk designation of region</b>	<p>Up to date understanding of the incidence of COVID-19 in the community is important <i>Note: Where a facility is located with respect to risk designation of region <b>does not itself</b> constitute the need to adjust risk tolerance of site.</i></p> <ul style="list-style-type: none"> <li>• Open: Low level of risk, no additional restrictions in place</li> <li>• Watch: The province is monitoring the risk and discussing with local government(s) and other community leaders the possible need for additional health measures</li> <li>• Enhanced: Risk levels require enhanced public health measures to control the spread</li> </ul> <p><b>Site Notes:</b> If a community is identified by AHS as being on the COVID watch list or if there is an outbreak within the home, then guardians and persons served will be notified if there needs to be a temporary change to limit or stop designated visitors.</p>
<b>Other:</b>	